



# Healthy Recipes for Healthy Living

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Dr. Reina Persaud, ND  
Chocolate Chip Cookies



1 1/2 cups White Rice Flour  
1/2 cup Sweet Rice  
1/4 cup Potato Starch  
1 teaspoon Baking Soda  
1/2 teaspoon Baking Powder  
1 teaspoon Xanthan Gum  
1 teaspoon Sea Salt

2 Eggs  
1/2 cup Sugar  
1/2 cup Brown Sugar  
1 cup Butter  
12 oz Chocolate Chips  
1 teaspoon Vanilla

Pre heat oven to 375° F. Combine flours and other dry ingredients. Cream butter and sugar. Beat in eggs. Add vanilla. Add to flour mixture. Stir in chips. Drop by round teaspoon on an ungreased sheet. Bake 10-12 minutes.