



Healthy Recipes for Healthy Living

Dr. Reina Persaud, ND

Gingersnaps



1/4 cup Butter
1/2 cup Brown/Succarat Sugar
2 tablespoons Molasses
1 Egg
1/2 cup Soya flour
1/4 cup Cornstarch

1/4 cup Potato starch flour
1/4 teaspoon Salt
1 teaspoon Baking soda
1/4 teaspoon Ginger
1/2 teaspoon Cinnamon

Preheat oven to 350° F. Sift dry ingredients together. Cream butter and sugar together thoroughly. Beat in egg and molasses. Add flour mixture. Mix well. Drop rounded teaspoons of dough onto greased cookie sheet. Bake for 10 to 12 minutes. Makes 40 cookies.